

August 2018

COME RIDE WITH US



Team Portsmouth Mission

Team Portsmouth's mission is Simple: "Promote Safe, Supportive & Social cycling in South Hampton Roads for all levels of cyclists."

LOCAL BIKE SHOPS!

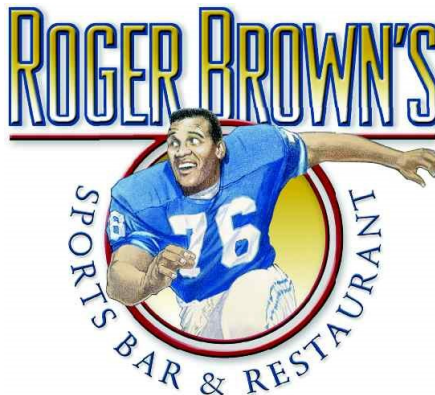


REMAINING SEPT/OCT 2018 RIDES

These are the remaining rides & links for areas rides. An asterisk indicates a team involved ride (please wear team apparel):

- ***Sept 8/9 - MS 150 New Bern, NC** - www.bikeMSnewbern.org (join team at <http://main.nationalmssociety.org/goto/Teamportsmouth2018>)
- ***Sept 8 - Surry Century** - <http://pbabicycling.org/event-2926225>
- **Sept 8 - Civil War Century** - <http://www.civilwarcentury.com/>
- ***Sept 9 - Women's Wild Goose Chase** - <http://www.friendsofblackwater.org/wild-goose-chase.html>
- **Sept 30 - Fredericksburg Cannonball Century** - <https://bikefred.com/event-2820905>
- ***Oct 6 - Culpepper Century** - <http://culpepercyclingcentury.com/>
- **Oct 6 - Seagull Century** - <http://seagullcentury.org/>
- ***Oct 20 - Team Portsmouth Sunbury to Edenton 75 Mile ride** - teamportsmouthusa.com
- ***Oct 27 - CBES Century** - <http://www.cbcs.org/events.html>
- **Stay Tuned for a Possible FREE Nov 3rd Tour de Cure Surprise Ride to Motivate Early Registration!**
- **For 2-day MS 150 New Bern, you can still register using discount code "BikeVIP"**

PORTSMOUTH TEAM SPONSORS - GREAT FOOD!!!



AUGUST 2018 RIDES

Non-Reoccurring Rides & Events

Saturday, August 4th

B & C Pace 7:30am 40 - 50 miles Portsmouth, VA
 "Tour de Sleepy Hole" – one of our fun rides from Cycle Classics with a great stop at Sleepy Hole Golf Course. Two stops w/SAG support and option for more distance as team prepares for remaining 2018 long distance rides.
From: Cycle Classics, Olde Town, 427 High St.
Leader: John Maher, 757-672-1359, teamportsmouth@cox.net

Sunday, August 5th

B/C Pace 4:00pm 24 – 40miles Portsmouth, VA
 Join our "Tour de Bowers Hill" scenic ride that is a fun, easy-paced ride with a stop mid-way & dinner afterwards!
From: Cycle Classics, Olde Town, 427 High St.
Leader: John Maher, 757-672-1359 or teamportsmouth@cox.net

Saturday, August 11th

B & C Pace 7:30 am 50 miles Suffolk, VA
 Half Century "Tour de Suffolk & Smithfield". A ride everyone loves - great route and great views. All Portsmouth Saturday rides are designed to prepare cyclists for upcoming MS 150 New Bern, NC, CBES Eastern Shore and other long distance rides. Three stops with SAG support.
From: Downtown Suffolk, VA (Suffolk tourist center – check website www.teamportsmouthusa.com for directions)
Leader: John Maher, 757-672-1359 or teamportsmouth@cox.net

Sunday, August 12th

B/C/D Pace 4:00 pm 28 – 40 miles Portsmouth, VA
 "Tour de Harborview" – one of the nicest rides in Portsmouth designed to prepare cyclists for 2015 long distance rides. Two stops w/SAG support.
From: Cycle Classics, Olde Town, 427 High St.
Leader: John Maher, 757-672-1359, teamportsmouth@cox.net

Saturday, August 18th

B/C Pace 7:30 am 55 miles Portsmouth, VA
 "Tour de Coast Guard Half Century Plus" – one of the nicest rides in Portsmouth designed to prepare cyclists for 2018 long distance rides. Two stops w/SAG support.
From: Cycle Classics, Olde Town, 427 High St.
Leader: John Maher, 757-672-1359, teamportsmouth@cox.net

Sunday, August 19th

B/C Pace 4:00 pm 28 - 45 miles Portsmouth, VA
 "Tour de Joliff" ride through Historical Portsmouth Waterfront and Joliff countryside with stop a Bide-a-Wee cafe! A fun, easy-paced ride with a nice stop mid-way!

Afterwards we go to Cancun Fiesta for Mexican delights!

From: Cycle Classics, Olde Town, 427 High St.
Leader: John Maher, 757-672-1359 or teamportsmouth@cox.net

Saturday, August 25th

B & C Pace 7:30 am 63 miles Portsmouth, VA
 Metric Century "Tour de Portsmouth to Suffolk". A ride everyone loves - great route and great views. All Portsmouth Saturday rides are designed to prepare cyclists for upcoming MS 150 New Bern, NC, CBES Eastern Shore and other long distance rides. Four stops with SAG support.
From: Cycle Classics, Olde Town, 427 High St.
Leader: John Maher, 757-672-1359 or teamportsmouth@cox.net

Sunday, August 26th

B/C Pace 4:00pm 24 – 40miles Portsmouth, VA
 Join our "Tour de Bowers Hill" scenic ride that is a fun, easy-paced ride with a stop mid-way & dinner afterwards!
From: Cycle Classics, Olde Town, 427 High St.
Leader: John Maher, 757-672-1359 or teamportsmouth@cox.net

Reoccurring Rides

Sunday August 5th, 12th, 19th, 26th

D Pace 4:00 pm 14-20 miles Portsmouth, VA
 Join Team Portsmouth for our great "MAX RELAX" beginner's ride through Historical Portsmouth Waterfront! Fun, easy-paced ride. Slow as the slowest rider! Similar route as B & C pace, but shorter. All B, C, and D pace riders return about same time for dinner downtown.
From: Cycle Classics, Olde Town, 427 High St.
Leader: John Maher, 757-672-1359 or teamportsmouth@cox.net 325